

Secondary Formal and Semi-Formal Rolling Programme

Autumn 1 Sport and Leisure	PSHCE and RSE Self-awareness: Personal strengths and challenges. Healthy lifestyles: Healthy eating. Elements of a healthy lifestyle, physical activity.	Maths Ongoing number and place value. Time	English Poetry about healthy bodies and minds, happiness and inspiration.	WoW and History Careers and leisure in sport, including history of the Paralympics and disability sports.	Science Keeping healthy – basic needs of animals, including humans, their body parts and their bodily functions.	Daily Living Skills Self-care – hair brushing, dressing	Creative Cooking and healthy eating	PE Group exercise from different cultures (aerobics, tai chi, Zumba, etc.)
Spring 1 Development Chef	PSHCE and RSE Managing feelings: Self-esteem and unkind comments including strategies. Body image. Regulation – Interoception, my body and my feelings	Maths Ongoing number, addition & subtraction. 3D shapes. Measuring weight, capacity and temperature.	English Non-fiction, including persuasive writing and recipe writing	WoW and Geography Visit cafes. Research food from different countries, choose recipes based on a brief; persuade others to choose their recipe; vote for class recipe; individually develop versions of class recipe; make food using daily living AT; run taste testing and gather feedback. Climate change.	Science Acids, alkalis, changing materials.	Daily Living Skills Gardening – vegetables cooking at the end	Creative Music across a range of historical periods, genres, styles and traditions, including the works of the great composers and musicians	PE Mindful movement, using movement for calming & altering mood.
Summer 1 Charities and fundraising	PSHCE and RSE Changing and growing: Friendships, healthy and unhealthy relationship behaviour. Me and my conditions: Introduction to a wide range conditions and strengths and challenges they come with. How people experience the world with those conditions.	Maths Ongoing number, multiplication & division. Position and direction.	English Contemporary fiction and drama, including memorable characters and writing with a personal message.	WoW and RE Work experience placements, visits and visitors linked to voluntary jobs in the community and charities aligned with student interests. Include exploration of belonging to groups based on values/beliefs (religious and secular), links to current affairs, researching charities and volunteer roles, including through interviewing. Religions in our locality. Cultures and customs.	Science Forces and motion, levers, pulleys and mechanics	Daily Living Skills Cooking creatively	Creative Graphics. Designing adverts, posters, leaflets and logos.	PE Ball sports (boccia, basketball, football, rugby, netball, etc.)
Autumn 2 Art Exhibition	PSH CE and RSE Self-care and support: Feeling unwell, feeling frightened/ worried. Managing loss (all types).	Maths Ongoing number & place value. 3D shapes. Measuring length, perimeter, area & volume.	English Classic and contemporary poetry about issues, interests and passions.	WoW and History Visit sites with a wide range of art across history. Learn about jobs in visual arts, plan and curate exhibition including selecting pieces from other classes, advertising, communication. Final exhibition at an external venue.	Science Materials and properties (solids, liquids and gases). Atoms and atomic structure	Daily Living Skills Personal organisation	Creative Art across history and creating pieces for the exhibition. Explore range of media including drawing, painting and sculpture with a range	PE Dance inspired by musicals & films from different cultures.

							of materials, photography and art using DAT.	
Spring 2 Animals and Nature	PSHCE and RSE Managing feelings: Identifying feelings in others' – Other's feelings – explore how other people's feelings make us feel. Managing strong feelings and strategies. Taking care of mental health. ZoR strategies. Regulation – Interoception and feelings	Maths Ongoing number addition & subtraction. Data, graphs and statistics.	English Mythical creatures in ancient and modern fiction.	WoW and RE Animal linked career, leisure and therapy. Religious, cultural and ethical attitudes toward animals. May include some reference to creation stories and to respecting other people's beliefs.	Science Variation and classification of all kingdoms of living things.	Daily Living Skills Cooking – different equipment	Creative DT, clothing design and accessories.	PE Using tech to keep fit & explore exercise
Summer 2 Blue Planet	PSHCE and RSE Me and my conditions: how my body works. The world I live in: Diversity rights and responsibilities. Taking care of the environment.	Maths Ongoing number, multiplication and division, 2D Shapes & pattern.	English Non-fiction, using reliable sources to communicate information for different audiences and purposes.	WoW and Geography Learning about community groups and leisure activities linked to water. Access to water around the world.	Science Waves	Daily Living Skills Cleaning, Hoovering	Creative Music, listening and responding to classical music inspired by places on our planet.	PE Balance, movement & stillness.
Autumn 3 Sustainable Business	PSHCE and RSE Self-awareness: Skills for learning. Self-care: Support and safety – keeping safe online, pros and cons of AI and safety, gambling. Consent Changing and growing: Life changes, transitions, puberty and preparing for adulthood.	Maths Ongoing number. Number & place value. Sorting and statistics	English Classic and influential novels and plays.	WoW and RE Sustainability and lifestyle choices; moral, ethical and religious arguments for sustainability, inc. significant texts and individuals. Personal responsibility, community /religious responsibility. Basic business models and key vocabulary. Project: Sustainable business stall at the Pace Christmas Fair.	Science Living things and their environment, focusing on animals, food chains, food webs, habitats and habitat change	Daily Living Skills Cooking – baking (bread, cakes, etc.)	Creative Making products or game resources and attractive displays for stalls.	PE Circuits and building personal regimes
Spring 3 Media	PSHCE and RSE Managing feelings: Romantic feelings and sexual attraction. Regulation – Interoception, my body and my feelings	Maths Ongoing number. addition & subtraction. Position & direction.	English Non-fiction. fact and opinion in texts, real and fake news, debating skills.	WoW and History Learning about jobs in news and online media. Purposes of media, global current affairs, campaigns and protests, sharing passions, etc. Creating blogs, vlogs, podcasts and websites. Great inventions.	Science Electricity and magnetism.	Daily Living Skills Dressing – preferences and styles, online research, planning outfits	Creative Drama and role-play, including use of gesture, movement and mime.	PE Dance & expressive movement.

Summer 3 Extreme environments	PSHCE and RSE Me and my conditions: Managing my conditions to keep well and healthy including healthy lifestyles: Mental well-being and keeping well. Decisions about my conditions. Consent The world I live in: Managing online information including AI generated content.	Maths Ongoing number, multiplication & division. Temperature.	English Performance poetry and rap.	WoW and Geography Learning about jobs in the environment sector. Natural disasters.	Science Earth, atmosphere and chemical elements.	Daily Living Skills Gardening – plants and flowers	Creative Music, listening, responding and making sound effects, environmental sounds and soundscapes using instruments and everyday objects.	PE Outdoor sports
Autumn 4 Final Frontier	PSHCE and RSE Self-care support and safety. Accident and risk, emergency situations.	Maths Ongoing number, number & place value. 2D and 3D shapes.	English Classic and contemporary science fiction (not fantasy)	WoW and RE Learning about jobs in counselling and mental health therapies. Afterlife, reincarnation, losing a pet, funeral traditions.	Science The earth and beyond.	Daily Living Skills Leisure – sports, games and clubs	Creative DT, making objects that move, including wheels, rockets and different power sources.	PE Using tech to keep & explore exercise
Spring 4 Unlocking the past	PSHCE and RSE Self-awareness: Prejudice and discrimination. Managing feelings: Expectations of relationships/abuse. Recognising and dealing with those feelings. Regulation – strategies to manage difficult feelings and relationships.	Maths Ongoing number & addition, subtraction. Sorting and statistics, length & height,	English Non-fiction – justifying, reasoning and proof.	WoW and History Learning about jobs in archaeology, museums and heritage. Pre-history, archaeological digs.	Science Rock cycle, rocks and fossils, chemical changes over time.	Daily Living Skills Sensory preferences and local trips	Creative Art, 3D art including sculpture, casting and land art.	PE Yoga, stretching & exercise for relaxation
Summer 4 Market Garden	PSHCE and RSE Me and my conditions: Me and the world – exploring how people with disabilities are treated. What they find fair and unfair. What is accessible and what is not accessible to them and solutions to these The world I live in: Managing online information. Managing finances.	Maths Ongoing number, multiplication & division. Money & Time.	English Creative writing, including the importance of settings in classic and contemporary literature.	WoW and Geography Possible visits: community gardens, market gardens, allotments, FE settings offering linked courses. Land use, improving environments, researching appropriate crops, designing and improving gardening space at Pace, budgeting, planting, growing, dividing, harvesting, marketing and teamwork. Waste and waste reduction.	Science Green plants.	Daily Living Skills Cooking – simple meals	Creative D&T: Creating functional objects to a brief, such as planters and other objects suitable for outdoor use.	PE Ball sports (boccia, basketball, football, rugby, netball, etc.)

Autumn 5 Games and gaming	PSHCE and RSE Self-awareness: Managing pressure. Self-care, support and safety: Public and private, safe and unsafe touch, consent. Healthy lifestyles: Prescription drugs/medication, drugs, alcohol and tobacco.	Maths Ongoing number & place value. Length, height, capacity and weight.	English Magic and fantasy in fiction and poetry	WoW and RE Learning about jobs and community engagement through gaming. Rules for civilisations.	Science Separating materials.	Daily Living Skills Cooking from around the world	Creative Art from different cultures.	PE Target sports (archery, catapult, jousting, boccia, darts, etc.)
Spring 5 Blend In or Stand Out	PSHCE and RSE Managing feelings: Strong feelings and strategies. Dealing with other's complex feelings and developing strategies to regulate ourselves, and strategies to use to help others. Regulation – Interoception, my body and my feeling	Maths Ongoing number, addition & subtraction. Sorting and Statistics.	English Life stories through biographies and dramas in different media	WoW and History Learning about campaigners and activists in past and present.	Science Evolution and adaptation.	Daily Living Skills Dressing – practicing skills	Creative Drama, music, sound and movement to create short videos or podcasts.	PE Paired & group dance (folk, wolk, cheer, etc.)
Summer 5 Travel & Transport	PSHCE and RSE Me and my conditions: Self-advocacy, making changes. Key famous people with disabilities who have overcome adversity. Changing and growing: Intimate relationships, consent and contraception. Long Term relationships/parenthood.	Maths Ongoing number, multiplication and division. Money, position and direction.	English Non-fiction. Research and writing about local travel and creating a travel brochure for an ideal accessible holiday.	WoW and Geography Possible visits: Crusader cruising, Whizzkidz travel training. Include local independent travel training, planning outings considering timings, costs and access. Link with trips to local leisure facilities, sports venues and future placements. Tourism – good and bad.	Science Forces and motion, air resistance, gravity, friction, water resistance.	Daily Living Skills Transport – canal trips, train travel	Creative Music making and musical instruments from different countries and cultures.	PE Athletics & movement at different speeds

Phonics is taught both discretely and integrated in English and other subjects across the curriculum, with individual consideration given to the student's abilities when deciding at what point the student is ready to learn the formal skills of reading and spelling through phonics. Students who are not at the point of readiness to begin formal phonics learning still receive learning rich in the experiences that phonics build on, including auditory discrimination and auditory memory of environmental and phonemic sounds. The core PPSEN materials and the companion booklet include adaptations for students who are non-speaking, who have significant motor difficulties, who have mild to moderate visual impairments, or who have mild to moderate hearing impairments. These can be used alongside other multi-sensory phonics schemes and in conjunction with therapeutic learning, such as breath support, visual perception and fine motor skills.