

Primary Formal and Semi-Formal Rolling Programme

Autumn 1 Heroic Humans	PSHE and RSE Self-awareness: Things we are good at – who am I, self-identity, likes, dislikes. Healthy lifestyles: Healthy eating, taking care of physical health	Maths Number & place value. Position & direction.	English Stories by significant British authors & illustrators. Biographies & autobiographies.	The World Around Us History: Significant individuals in the past from different periods. RE: Important people, multi-faith.	Science Animals, including humans: Teeth, digestion & healthy eating.	Daily Living Skills Hobbies Personal care	Creative Art: Landscapes & famous landscape artists.	PE Group exercise from different cultures (aerobics, tai chi, Zumba, etc.)
Spring 1 Bake Off	PSHE and RSE Managing feelings: Identifying and expressing feelings. Managing strong feelings, strategies and ZoR. Regulation – Interoception, my body and my feelings	Maths Number, addition & subtraction. Capacity & weight.	English Classic & modern poetry from different cultures. Instructions – inform how to do/make something.	The World Around Us Geography: Land use & trade links with contrasting locations. History: Ancient non-European civilisation, e.g. Benin, Ancient Egypt, Indus Valley, Shang, Maya, Ancient Greece, Sumer.	Science Materials: Mixing, separating & dissolving materials.	Daily Living Skills Cooking Travel	Creative Cooking: Food from different places.	PE Mindful movement, using movement for calming & altering mood.
Summer 1 Life Journeys	PSHE and RSE Changing & growing: Baby to adult, changes in their bodies related to their conditions as they have grown. Life changes. Me and my conditions: Introduction to a wide range of conditions, and the strengths and challenges they come with. How people experience the world with those conditions.	Maths Number, multiplication & division. Time.	English Historical fiction. Recounts – retell an event/experience in chronological order, e.g. a diary.	The World Around Us RE: Humanism. Geography: Human & physical features of contrasting locations in Europe, the USA & Asia.	Science Animals, including humans: Life cycles & reproduction.	Daily Living Skills Personal organisation Dressing	Creative Music: Tempo, dynamics, linking music & emotions.	PE Ball sports (boccia, basketball, football, rugby, netball, etc.)
Autumn 2 Lights, Camera, Action	PSHE and RSE Self-awareness: Mine and others' strengths, challenges, interests and self-esteem. Self-care, support & safety: Taking care of us, keeping safe, including safe and unsafe touch, consent.	Maths Number & place value. Money.	English Playscripts based on familiar narratives from books, film or TV. Discussion – balanced arguments & information from different viewpoints.	The World Around Us History: Changes in living memory, technology from 1930 to the present. RE: Festivals of light, multi-faith.	Science Light & sound: Properties, sources, reflection, shadows, pitch & volume.	Daily Living Skills Hobbies Dressing	Creative Music: Music & movement.	PE Dance inspired by musicals & films from different cultures.
Spring 2 Animal Lives	PSHE and RSE Managing feelings: Identifying feelings in others – other's feelings – explore how other people's feelings make us feel.	Maths Number, addition & subtraction. Shape & pattern.	English European traditional tales, myths, legends & fables. Explanations – inform why or how something happens.	The World Around Us Geography: Rainforests & deserts, contrasting locations in South America & Africa. RE: Buddhism.	Science Living things & their habitats: Identify & classify plants & animals, how needs relate to environment & food chains.	Daily Living Skills Personal organisation Personal care	Creative Art & D&T: Making shelters & using found materials in structures & art.	PE Using tech to keep fit & explore exercise.

	Managing strong feelings and strategies. Taking care of mental health. ZoR strategies.							
Summer 2 Under the Sea	PSHE and RSE Me and my conditions Understanding my condition – how my body works, impacts of my condition on me and my environment, what might help me. The world I live in: Respecting differences between people. Belonging to a community.	Maths Number, multiplication & division. Sorting & statistics.	English List, acrostic & alphabet poems. Mystery stories.	The World Around Us Geography: Oceans, seas, rivers & the water cycle. History: Seaside holidays 1714–present, including Georgians & Victorians.	Science Materials: Comparing & grouping materials & recycling. Changing by squashing, bending, twisting and stretching	Daily Living Skills Travel Cooking (sea/farm to fork)	Creative D&T: Junk modelling & upcycling.	PE Balance, movement & stillness.
Autumn 3 Ourselves & Our School	PSHE and RSE Self-awareness: People who are special to us. Kind and unkind behaviours. Consent Changing & growing: Changes and transitions. Life changes. Different types of relationships – romantic feelings, friendships and romantic relationships	Maths Number & place value. Length & height.	English Narratives & poetry with familiar settings. Recounts – retell an event/experience in chronological order.	The World Around Us Geography: Local area, plans, maps & fieldwork. RE: Christianity.	Science Animals, including humans, focusing on body parts, senses, muscles & circulatory system.	Daily Living Skills Personal care Personal organisation	Creative Art: Self-portraits, portraiture and famous portrait artists.	PE Circuits & building personal regimes.
Spring 3 Circus & Fairground	PSHE and RSE Managing feelings: Identifying feelings in me – how my feelings and behaviour impact others. Managing strong feelings, strategies and changes, including ZoR. Regulation – Interoception, my body and my feelings	Maths Number, addition & subtraction. Position & direction.	English Limericks, clerihews & humorous poetry. Non-chronological reports – give information on what things are/were like.	The World Around Us History: Changes in living memory, toys & play, 1930 to present. RE: Sikhism.	Science Electricity: Identifying appliances, circuits, conductors & insulators.	Daily Living Skills Dressing Hobbies	Creative Music: Listening & responding to classical music, e.g. The Carnival of the Animals.	PE Dance & expressive movement.
Summer 3 Fire & Ice	PSHE and RSE Me and my conditions: Managing my condition by understanding therapies, AT, medicines and health. Having knowledge and confidence to make informed decisions. Including – healthy lifestyles – keeping well. The world I live in: Jobs people do. Rules and laws.	Maths Number, multiplication & division. Temperature.	English Performance poetry & rap. Explanations – inform why or how something happens.	The World Around Us Geography: Volcanoes, earthquakes & changes in physical geography. History: Britain 43–1066, including Vikings & Romans.	Science Materials: States of matter & changes of state.	Daily Living Skills Cooking Travel	Creative D&T: Using materials that change or fix using heat or cold.	PE Outdoor sports.

Autumn 4 Space Explorers	PSHE and RSE Self-awareness: Getting on with others, respect, and conflict management. Self-care, support & safety: Keeping safe on the internet, use of AI – pros and cons, keeping themselves safe. Consent	Maths Number & place value. Time.	English Science fiction & fantasy. Drama – creating & role-playing characters with puppets, movement, sound & improvisation.	The World Around Us RE: Hinduism. Geography: Climate, seasonal & daily weather in the UK & different climate zones.	Science Earth & space: The earth, moon, solar system, day, night & seasonal changes.	Daily Living Skills Personal care Dressing	Creative Art: Using technology, including photography and using digital devices.	PE Using tech to keep fit & explore exercise.
Spring 4 Places & the Past	PSHE and RSE Managing feelings: Identifying our complex feelings and scenarios that make us feel that way. Regulation and strategies for managing our complex feelings and how we deal with them. Explore ZoR cognitive strategies.	Maths Number, addition & subtraction. Sorting and statistics.	English Poems by significant British poets. Persuasion – to justify an opinion or to convince others of an opinion.	The World Around Us History: Aylesbury from prehistory to present. RE: Islam.	Science Materials: Rocks, fossils & soils. Identify materials, plants & animals as living, dead, or never lived.	Daily Living Skills Personal organisation Travel	Creative Music: Hearing, identifying & making instruments from different cultures & time periods.	PE Yoga, stretching & exercise for relaxation.
Summer 4 Growing Food	PSHE and RSE Changing & growing: Changes in puberty, dealing with touch, reproduction Me and my conditions: Me and the world – exploring how people with disabilities are treated. What they find fair and unfair. What is accessible and what is not accessible to them, and what are the solutions to these?	Maths Number, multiplication & division. Capacity & weight.	English Narratives with related themes Instructions – inform how to do/make something.	The World Around Us Geography: Local land use & trade links within the UK. History: Land use & farming in Britain from the Iron Age to the present.	Science Plants: Plant names, parts of plants & functions, life cycle & plant needs.	Daily Living Skills Cooking Hobbies (gardening)	Creative Cooking: Recipes using plants.	PE Ball sports (boccia, basketball, football, rugby, netball, etc.)
Autumn 5 Castles & Conquest	PSHE and RSE Self-awareness: Self-care, support & safety: Trust, Public and Private. Consent	Maths Number & place value. Length & height.	English Kennings, riddles, puns & word play. Discussion – balanced arguments & information from different viewpoints.	The World Around Us RE: Judaism History: Britain from 1066 – 1666, including the Norman conquest, the Medieval & Tudor periods.	Science Materials: Properties of materials & linking these to their uses.	Daily Living Skills Personal care Cooking	Creative D&T: Choosing & using materials to make products to given criteria, e.g. shields & flags.	PE Target sports (archery, catapult, jousting, boccia, darts, etc.)
Spring 5 Camouflage & Disguise	PSHE and RSE Managing feelings: Understanding complex feelings in others and developing empathy skills for complex situations. Dealing with others' complex feelings and developing strategies to regulate ourselves and	Maths Number, addition & subtraction. Shape & pattern.	English Non-European traditional tales, myths, legends & fables. Non-chronological reports – give information on what things are/were like.	The World Around Us Geography: Countries, cities & settlements in the UK. History: Changes in clothes & textiles 1066–present.	Science Evolution & inheritance: In plants & animals, including comparing skeletons.	Daily Living Skills Dressing Hobbies	Creative Art & D&T: Shape & pattern in art & textiles.	PE Paired & group dance (folk, wolk, cheer, etc.)

	strategies to use to help others. Regulation – Interoception, my body and my feelings.							
Summer 5 Travel & Holidays	PSHE and RSE Me and my conditions: Self advocacy, making changes. Key famous people with disabilities to overcome adversity. Explore how to get their voices heard through forums, blogging, The world I live in: Taking care of the environment.	Maths Number, multiplication & division. Money.	English Adventure stories. Persuasion – justify an opinion or convince others toward an opinion, e.g. travel brochure.	The World Around Us RE: Pilgrimages, multi-faith. Geography: Continents, countries, maps & atlases.	Science Forces, motion & magnets: Contact forces, magnetic forces, gravity, friction, levers & pulleys.	Daily Living Skills Travel (Canal boat trip?) Personal organisation – Planning journeys	Creative D&T: Making things that move.	PE Athletics & movement at different speeds.

Phonics is taught both discretely and integrated in English and other subjects across the curriculum, with individual consideration given to the student's abilities when deciding at what point the student is ready to learn the formal skills of reading and spelling through phonics. Students who are not at the point of readiness to begin formal phonics learning still receive learning rich in the experiences that phonics build on, including auditory discrimination and auditory memory of environmental and phonemic sounds. The core PPSEN materials and the companion booklet include adaptations for students who are non-speaking, who have significant motor difficulties, who have mild to moderate visual impairments, or who have mild to moderate hearing impairments. These can be used alongside other multi-sensory phonics schemes and in conjunction with therapeutic learning, such as breath support, visual perception and fine motor skills.