

Pre- formal Rolling Programme

Autumn 1 Superheroes	PSHE and RSE Self-Awareness: Things we are good at – who am I, self-identity, likes, dislikes Healthy lifestyles: Healthy eating, taking care of physical health.	Exploring and Ordering the World Key workers, superpowers and abilities.	Communication, Language and Literacy Stories about superheroes Biographies & autobiographies.	Life Around Us History: significant individuals in the past from different periods. RE: important people, multi-faith.	Daily Living Skills Dressing, costume making	Creative Art: superheroes	PE Group exercise from different cultures (aerobics, tai chi, Zumba, etc.)
Spring 1 MasterChef	PSHE and RSE Managing feelings: Recognising, identifying and expressing feelings, managing strong feelings, strategies and ZoR. Regulation – Interoception, my body and my feelings	Exploring and Ordering the World Materials: mixing, separating & dissolving materials.	Communication, Language and Literacy Cookbooks and recipes	Life Around Us Geography: Spices from around the world History: Cooking equipment now and then	Daily Living Skills Cooking from around the world	Creative Cooking: food from different places.	PE Mindful movement, using movement for calming & altering mood.
Summer 1 Home-sweet-home	PSHE and RSE Changing & growing: baby to adult, changes in their bodies, life changes Me and my conditions: Things I find easy and tricky.	Exploring and Ordering the World Forces in our environment – push/pull, full/empty.	Communication, Language and Literacy Stories about families, relationships and community	Life Around Us RE: Humanism. Geography: Familiar places.	Daily Living Skills Cleaning	Creative Music: tempo, dynamics, linking music & emotions. Music from different cultures.	PE Ball sports (boccia, basketball, football, rugby, netball, etc.)
Autumn 2 Colour chaos and Messy Makers	PSHE and RSE Self-awareness: Mine and others' strengths, challenges and interests Self-care, support & safety: Taking care of us, keeping safe, including safe and unsafe touch, consent.	Exploring and Ordering the World Mixing creates change: Colours, texture and light play.	Communication, Language and Literacy Colour related stories – (Colour Monster, Rainbow Fish, The Boy and the Rainbow).	Life Around Us History: Change over time, process and sequence. RE: Festivals of light, multi-faith.	Daily Living Skills Sensory preferences	Creative Music: Music & movement.	PE Dance inspired by musicals & films from different cultures.
Spring 2 Pets and caring	PSHE and RSE Managing Feelings: Identifying feelings in others' – other's feelings – explore how other people's feelings make us feel. Managing strong feelings and strategies. ZoR strategies.	Exploring and Ordering the World Living things: How we care for animals	Communication, Language and Literacy European traditional tales, myths, legends & fables linked with animals.	Life Around Us Geography: Habitats – plants and animals. RE: Buddhism.	Daily Living Skills Animal habitats from recycled materials	Creative Art & D&T: making shelters, using found materials in structures & art.	PE Using tech to keep fit & explore exercise.
Summer 2 Seaside	PSHE and RSE Me and my conditions: Understanding my condition, what I know might help me. The world I live in: Respecting differences between people. Belonging to a community.	Exploring and Ordering the World Water experiments: Wet/dry, floating/sinking.	Communication, Language and Literacy Mystery stories and legends (mermaids, pirates)	Life Around Us Geography: Oceans, seas, rivers History: Water transport through the years.	Daily Living Skills Seaside leisure	Creative D&T: Junk modelling & upcycling.	PE Balance, movement & stillness.

Autumn 3 Me and My body	PSHE and RSE Self-awareness: People who are special to us, including kind and unkind behaviours. Changing & growing: Different types of relationships.	Exploring and Ordering the World Animals, including humans, focus on body parts, senses, muscles & circulatory system.	Communication, Language and Literacy Books about ourselves and the world around us. Recounts – retell an event/experience in chronological order.	Life Around Us Geography: local area, plans, maps & fieldwork. RE: Christianity.	Daily Living Skills Personal care: self-care (hand washing, dressing)	Creative Art: self-portraits using different sensory materials	PE Circuits & building personal regimes.
Spring 3 Funfairs	PSHE and RSE Managing strong feelings, strategies and changes including ZoR. Regulation: Interception, my body and my feelings	Exploring and Ordering the World Light and sounds	Communication, Language and Literacy Fun stories about different events and games outside.	Life Around Us History: Fairgrounds through the ages. RE: Sikhism.	Daily Living Skills Leisure, sport, games, clubs	Creative Music: listening & responding. Fairground songs.	PE Dance & expressive movement.
Summer 3 Sunny Days	PSHE and RSE Me and my conditions: Managing my condition by understanding my equipment, medicines and health. Having knowledge and confidence to make informed decisions. Including healthy lifestyles – keeping well The world I live in: Jobs people do, rules and Laws	Exploring and Ordering the World Temperature, hot and cold.	Communication, Language and Literacy Stories about water and weather adventures	Life Around Us Geography: Volcanoes and icebergs History: Summer and winter solstice	Daily Living Skills Dressing, planning outfits	Creative D&T: using materials that change or fix using heat or cold.	PE Outdoor sports.
Autumn 4 Space	PSHE and RSE Self-awareness: Getting on with others. Self-care, support & safety: Keeping safe on the internet, use of AI – pros and cons, keeping themselves safe by learning. Consent	Exploring and Ordering the World Earth & space: the earth, moon, solar system, day, night & seasonal changes.	Communication, Language and Literacy Books about night and day. Drama: creating & role-playing characters with puppets, movement, sound & improvisation.	Life Around Us RE: Hinduism. Geography: Climate, seasonal & daily weather in the UK, different climate zones.	Daily Living Skills Personal organisation routines (morning and bedtime routines)	Creative Art: using technology, including photography and using digital devices.	PE Using tech to keep fit & explore exercise.
Spring 4 Let's go outside	PSHE and RSE Managing feelings: Identifying our complex feelings and scenarios that make us feel that way. Regulation and strategies for managing our complex feelings, and how we deal with them. Explore ZoR cognitive strategies. Talkin' tricky bodies.	Exploring and Ordering the World Time and materials around us.	Communication, Language and Literacy Poems and non-fiction stories about the local area.	Life Around Us History: Aylesbury from prehistory to present. RE: Islam.	Daily Living Skills Trips in the community	Creative Music: hearing, identifying & making instruments from different cultures & time periods.	PE Yoga, stretching & exercise for relaxation.

Summer 4 Secret Garden	PSHE and RSE Changing & growing: Changes in puberty, dealing with touch, reproduction – human life cycle. Me and my conditions: Me and the world – exploring how they are treated by other people because they are in a wheelchair. What they find fair and unfair. What is accessible and what is not accessible to them, and what are the solutions to these?	Exploring and Ordering the World Plants, growing food.	Communication, Language and Literacy Fictional stories (Secret Garden)	Life Around Us Geography: Food from around the world. History: Mazes	Daily Living Skills Gardening – plants/flowers (trip to the garden centre)	Creative Cooking: recipes using plants.	PE Ball sports (boccia, basketball, football, rugby, netball, etc.)
Autumn 5 Castles	PSHE and RSE Self-Awareness: Self-care, support & safety: Trust, Public and Private.	Exploring and Ordering the World Materials: properties of materials & linking these to their uses.	Communication, Language and Literacy Classic Fairytales.	Life Around Us RE: Judaism History: Local festivals through the years.	Daily Living Skills Sports and games	Creative D&T: choosing & using materials to make products to given criteria, e.g. shields & flags.	PE Target sports (archery, catapult, jousting, boccia, darts, etc.)
Spring 5 Jungle Life	PSHE and RSE Managing feelings: understanding complex feelings in others and developing empathy skills in complex situations. Dealing with others' complex feelings and developing strategies to regulate ourselves, and strategies to use to help others. Regulation – Interoception, my body and my feelings	Exploring and Ordering the World Animal habitats	Communication, Language and Literacy Books about jungles. Give information on what things are/were like.	Life Around Us Geography: clothes around the world. History: changes in clothes & textiles.	Daily Living Skills Dressing, outfits	Creative Art & D&T: shape & pattern in art & textiles.	PE Paired & group dance (folk, wolk, cheer, etc.)
Summer 5 Transport and Journeys	PSHE and RSE Me and my conditions: Self advocacy, making changes. Key famous people with disabilities who have overcome adversity. Explore how to get our voices heard. The world I live in: Taking care of the environment.	Exploring and Ordering the World Exploring different transport. Forces, motion & magnets: contact forces, magnetic forces, gravity.	Communication, Language and Literacy Fiction stories about journeys and transport (The magic train ride)	Life Around Us RE: Pilgrimages, multi-faith. Geography: Continents, countries, maps.	Daily Living Skills Transport – Canal boat, train travel, planning journeys	Creative D&T: Making things that move.	PE Athletics & movement at different speeds.

Exploring and ordering the world provides pupils with regular opportunities to explore simple science and mathematics concepts through sensory, practical, and highly engaging experiences linked to the current topic. Learning is embedded within everyday activities, encouraging pupils to investigate, observe, compare, count, measure, predict, and explore cause-and-effect relationships. Through a multi-sensory approach, pupils are exposed to key scientific and mathematical vocabulary and concepts at an appropriate level, supporting communication, curiosity, and early subject-specific understanding.

Phonics is taught both discretely and integrated in English and other subjects across the curriculum, with individual consideration given to the student's abilities when deciding at what point the student is ready to learn the formal skills of reading and spelling through phonics. Students who are not at the point of readiness to begin formal phonics learning still receive learning rich in the experiences that phonics build on, including auditory discrimination and auditory memory of environmental and

phonemic sounds. The core PPSEN materials and the companion booklet include adaptations for students who are non-speaking, who have significant motor difficulties, who have mild to moderate visual impairments, or who have mild to moderate hearing impairments. These can be used alongside other multi-sensory phonics schemes, and in conjunction with therapeutic learning, such as breath support, visual perception and fine motor skills.