

### Daily living skills

Individual PLGs.  
DIY, gardening and managing your home.  
To develop organisational and planning skills around keeping tidy at home, school and the outdoors  
To develop road safety skills  
To make healthy choices about their lifestyle

### Communication

Ability to communicate support needs and personal boundaries.  
Considering body language and how we say something may impact who we are talking to.  
To give reasons for their opinions and thoughts, and negotiate through differences.  
Individual PLGs.

### Academic skills

**English:** Creative writing, including the importance of settings in classic and contemporary literature.  
**Maths:** ongoing number maths – division, place value and sets of objects., Money calculations, word problems and recognising coins and notes.  
**Science:** Green plants including pollination, germination, plant cells and basic photosynthesis.  
**Creative:** Design and technology - Creating functional objects to a brief, such as planters and other objects suitable for outdoor use.  
**World of Work and History:** Learning about outdoor jobs. land use, improving environments, researching appropriate crops, designing and improving gardening space  
Pace, budgeting, planting, growing, dividing, harvesting, marketing and teamwork.

### Postural & Movement

**Task series** – to learn to move body functionally in different positions and apply these skills to DLS activities and lessons. To learn to problem solve physical tasks that encourage and work towards independence.  
**Creative** – development of hand skills and functions through creating artwork and manipulating different tools.  
Increasing independence and problem-solving.  
**PE:** Outdoor racket/bat sports (tennis, cricket, etc.)

## Topic and class Market Garden Rowan Class Summer 2026



### Regulation and attention

Social, emotional and mental health: individual PLGs.  
Zones of Regulation.  
Individual toolkits and reflective skills  
Regulating and understanding different intensities of feelings.  
To use cognitive strategies to manage emotions and Situations.

### Relationships

PSHE and RSE:  
Half Term 1 – Healthy Lifestyles - healthy eating - Element of healthy lifestyles.  
-physical activity – to understand which equipment and support keeps us healthy  
  
Half Term 2 – The world I live in - diversity rights and responsibilities. -taking care of the environment.  
Take part in the BUCKS shout out for SEN project

### Sensory processing

Interoception.  
Zones of Regulation.  
Individual toolkits and reflective skills.  
Individual PLGs.

### Play & leisure

Sport and fitness.  
Student-led engagement in a variety of play and leisure activities.  
Lunchtime sport and games clubs.

### Emotional wellbeing

Social, emotional and mental health: individual PLGs.  
Developing self-esteem and autonomy through access to technology.