



Henry's
Dairy Free
Tuna &
Sweetcorn
Pasta

Make Henry's Dairy Free Tuna & Sweetcorn Pasta

You will need

- 250g canned tuna
- 200g sweetcorn
- 450g tomato sauce
- 400g chopped tomatoes
- 1 brown onion
- 125g vegan cheese
- 1 tbsp vegan spread

Method

1. Put a large pan of water to boil and then add the pasta to cook.
2. Meanwhile, melt your vegan spread in a frying pan and add the chopped onion, cooking until soft.
3. Add your can of chopped tomatoes to the frying pan along with the sauce, tuna and sweetcorn.
4. Stir well until all cooked through and sweetcorn is softened.
5. Drain the water from your cooked pasta and mix into your sauce.
6. Serve and top with as much cheese as you like!