

In the community...

Run a marathon

Have you always wanted to take on a marathon?
Now's your chance!

Solo ...

Sky-dive

Are you an adrenaline junkie? This is for you!

Cycle

Do you love cycling and want a new destination? Get sponsored to cycle!

Quiz night

You will be surprised by how competitive people can be!

With family and friends ...

Summer social Hold a BBQ in the garden and ask for a small donation

Wine tasting

Bring family and friends together over a selection of fine wines!

Bake-off

Hold a Bake-Off competition at work and watch the pennies roll in!

Tournament

Get the whole community together doing something you love!

Set the pace for Pace

Set the community a challenge, organise a sponsored walk or run!

Do YOUR thing!

More ideas ...

Car boot sale

How long have you been waiting to clear out your wardrobe? Swap your unwanted clothes for donations

Office dress down

Agree a 'dress-down' day with your workplace and ask for a small donation

Host a golf day

Are you or a friend a member of a golf club? Why not ask them if they will hold a golf day?